



# MICROSKILLS WOMEN SERVICES

## SELF-EMPLOYMENT TRAINING FOR WOMEN (SET)

*ARE YOU LOOKING TO UPGRADE YOUR SKILLS FOR EMPLOYMENT?*

In our SET program you can:

- ★ Learn about myths and realities of Self-Employment
- ★ Discover techniques to help you balance business and family needs
- ★ Develop skills to start up and operate a business in Canada
- ★ Access our Business Resource Library, computers and internet for business research
- ★ Prepare a three-year business plan and access group and individual business coaching
- ★ Participate in workshops and Networking opportunities with other women entrepreneurs

### Program Duration

The program offers 22 weeks of classroom training and 13 weeks of support during business start-up

**Start date: October 2009 (in Brampton)**

### Who can apply?

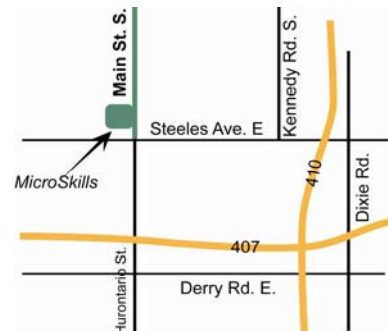
- Low income women
- Unemployed and immigrant women
- Women receiving Social Assistance Benefits (OW or ODSP)

*To register for these free services or get more information:*

### Brampton Location

499 Main Street South,  
Unit # 61, Brampton, ON  
L6Y 1N7  
Phone: (905) 453-5996

Contact: **Shayline** at ext. 2803    slyttle@microskills.ca  
or  
**Rana** at ext. 2806    raulakh@microskills.ca



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Future



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